

English Pea Salad

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pea-salad-recipe>

Ingredients:

- 4 cups peas English, can be either fresh or frozen
- 4 pieces bacon cooked and crumbled
- 1/2 onion a small, finely minced
- 1 tablespoon fresh mint chopped
- 1/2 cup cheddar sharp, cubed
- 1 teaspoon white wine vinegar
- 1/4 cup mayonnaise
- 1 pinch cayenne
- salt to taster

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 20 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 7 grams
7. SaturatedFat: 4 grams
8. Sodium: 310 milligrams
9. Sugar: 5 grams

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