

Linguine with Chicken Thighs

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-prawn-linguine-recipe>

Ingredients:

- 1 package linguine or Your Favorite Pasta
- olive oil
- 8 whole boneless, skinless chicken thighs
- 1 whole onion Small To Medium Sized, Chopped
- 3 whole garlic cloves to 4 Whole, Minced
- 1/2 cup white wine or Chicken Broth
- 2 cans crushed tomatoes 15 Oz. Can
- salt To Taste
- pepper To Taste
- 1 pinch sugar
- fresh parsley Chopped, to taste
- fresh basil Chopped, to taste
- Parmesan cheese To Taste

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 95 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 42 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 350 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Linguine with Chicken Thighs above. You can see more 15 italian prawn linguine recipe Unlock flavor sensations! to get more great cooking ideas.