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## Instant Pot Creamy Italian Chicken Breasts

Yield: 4 min Total Time: 45 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/italian-chicken-breasts-recipe">https://www.recipeschoose.com/recipes/italian-chicken-breasts-recipe</a>

## **Ingredients:**

- 4 chicken breasts
- 1 1/2 cups chicken broth low sodium
- 4 cloves garlic pressed or finely minced
- 2 teaspoons Italian seasoning
- 1 teaspoon kosher salt or 1/2 tsp table salt
- 1/2 teaspoon pepper
- 1 teaspoon garlic powder
- 3/4 cup heavy cream
- 3 teaspoons pesto made with basil, garlic, pine nuts, parmesan, olive oil. Found in the refrigerated section of store.
- 2 1/2 tablespoons corn starch
- 1/2 cup roasted red peppers Chopped
- 1/4 cup chopped fresh basil
- 1/3 cup cooked bacon Chopped, or real bacon bits, optional
- grated Parmesan
- basil leaves Chopped

## **Nutrition:**

Calories: 560 calories
Carbohydrate: 10 grams
Cholesterol: 235 milligrams

4. Fat: 33 grams5. Fiber: 1 grams6. Protein: 56 grams7. SaturatedFat: 17 grams8. Sodium: 1430 milligrams

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