

# Chestnut Soup with Bacon

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chestnut-soup-chinese-recipe>

## Ingredients:

- 2 shallots
- 3 stalks celery
- 3 cloves garlic
- 2 slices bacon
- 1 bay leaf
- 1 teaspoon peppercorns
- 2 quarts chicken stock
- 12 ounces porcini mushrooms
- 1 tablespoon salt
- 1 tablespoon black pepper ground
- 2 1/2 pounds chestnuts peeled
- 1 tablespoon olive oil

## Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 161 grams
3. Cholesterol: 25 milligrams
4. Fat: 20 grams
5. Fiber: 23 grams
6. Protein: 24 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 2600 milligrams
9. Sugar: 10 grams

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