

# Capellini alla Vesuviana

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chellini-recipe>

## Ingredients:

- 3 tablespoons olive oil
- 3 garlic cloves medium, peeled
- 14 ounces whole peeled tomatoes
- pepper
- salt
- 1 pound capellini or any thin long pasta
- 1 teaspoon red pepper flakes
- 1 teaspoon dried oregano
- 1/4 cup green olives chopped
- 2 tablespoons capers
- 1/2 cup grated Parmesan cheese freshly

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 96 grams
3. Cholesterol: 10 milligrams
4. Fat: 18 grams
5. Fiber: 7 grams
6. Protein: 22 grams
7. SaturatedFat: 4 grams
8. Sodium: 780 milligrams
9. Sugar: 4 grams

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