

Creamy Goat Cheese Risotto

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-recipe-stuffed-tomatoes-goat-cheese>

Ingredients:

- 2 shallots thinly sliced
- 1 1/2 red pepper diced
- 4 mushrooms sliced
- 2 garlic cloves minced
- 2 cups baby spinach fresh
- 6 sun dried tomatoes chopped
- 1 cup white wine
- 2 cups chicken broth you might need a bit more
- 1 cup risotto
- 14 ounces diced tomatoes can of, drained
- 140 grams goat cheese
- 1/2 cup grated Parmesan
- 1 tablespoon butter

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 55 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 26 grams
7. SaturatedFat: 13 grams
8. Sodium: 490 milligrams
9. Sugar: 8 grams

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