

# Three Cheese Lasagna

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-cheese-lasagna-recipe>

## Ingredients:

- 43 ounces crushed tomatoes 28 oz. can, 15 oz. can
- 12 ounces no boil lasagna noodles
- 1 1/2 cups part-skim ricotta cheese room temperature
- 1 1/2 cups mozzarella shredded
- 1/2 cup Parmesan cheese grated
- 4 cloves garlic minced
- 1 egg beaten
- 3 tablespoons olive oil
- freshly ground pepper
- salt
- basil freshly torn, garnish, optional

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 125 milligrams
4. Fat: 31 grams
5. Fiber: 7 grams
6. Protein: 32 grams
7. SaturatedFat: 14 grams
8. Sodium: 1190 milligrams
9. Sugar: 1 grams

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