

Italian Cheese Fondue

Yield: 5 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cheese-fondue-recipe>

Ingredients:

- 1 clove garlic halved
- 1 1/4 cups milk
- 8 ounces mozzarella cheese grated
- 8 ounces fontina cheese grated
- 2 ounces Parmesan cheese grated
- 1 tablespoon cornstarch
- 3 tablespoons white wine
- salami Optional:, cubes, or breadsticks, crusty Italian bread cubes, veggies, etc.

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 100 milligrams
4. Fat: 28 grams
5. Protein: 29 grams
6. SaturatedFat: 17 grams
7. Sodium: 870 milligrams
8. Sugar: 5 grams

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