

Broccoli Rabe & Cavatelli Pasta with Harissa & Yogurt

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cavatelli-recipe>

Ingredients:

- 1 pound broccoli rabe
- 2 cloves garlic
- 1 bunch mint
- 1 bunch parsley
- 8 ounces cavatelli Fresh
- 2 teaspoons harissa
- 1/3 cup plain yogurt
- 1 lemon

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 5 milligrams
4. Fat: 2 grams
5. Fiber: 7 grams
6. Protein: 12 grams
7. Sodium: 125 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Broccoli Rabe & Cavatelli Pasta with Harissa & Yogurt above. You can see more 18 italian cavatelli recipe Elevate your taste buds! to get more great cooking ideas.