

# Cavatelli and Broccoli

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cavatelli-and-broccoli-recipe>

## Ingredients:

- 2 pounds broccoli crowns — cut into bite-size florets
- 1/4 cup extra virgin olive oil — divided
- 1 teaspoon kosher salt — divided, plus additional to taste
- 1/4 teaspoon black pepper — plus additional to taste
- 15 ounces cannellini beans — or similar white beans, such as great Northern
- 8 ounces cavatelli — or other tube-shaped pasta
- 1 lemon zest medium, and juice
- 1/2 teaspoon freshly ground black pepper
- 1 cup part skim ricotta cheese — about 7.5 ounces
- 1/4 cup grated Parmesan cheese — plus additional for serving
- 1/4 teaspoon red pepper flakes — plus additional to taste