

Loaded Pasta Carbonara

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/true-italian-pasta-carbonara-recipe>

Ingredients:

- 4 boneless skinless chicken breasts about 1½ pounds
- salt
- pepper
- 6 slices bacon chopped
- 3 large eggs
- 1 1/2 cups Parmesan cheese
- 1/2 cup white wine
- 1 pound spaghetti
- 2 cups frozen peas

Nutrition:

1. Calories: 1030 calories
2. Carbohydrate: 99 grams
3. Cholesterol: 290 milligrams
4. Fat: 38 grams
5. Fiber: 7 grams
6. Protein: 67 grams
7. SaturatedFat: 15 grams
8. Sodium: 1420 milligrams
9. Sugar: 8 grams

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