

Grilled Italian Caprese Panini

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-caprese-recipe>

Ingredients:

- 1 cup basil loosely packed
- 4 garlic cloves
- 1/4 cup Parmesan cheese
- 1/4 cup extra virgin olive oil
- 1/4 teaspoon kosher salt or to taste
- 1/8 teaspoon ground black pepper or to taste
- 4 tomatoes large or 6 medium-sized ripe, sliced into 1/4" slices
- 4 sandwich rolls
- 8 ounces fresh mozzarella sliced or coarsely grated
- salt
- pepper
- olive oil

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 50 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 11 grams
8. Sodium: 1020 milligrams
9. Sugar: 7 grams

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