

ITALIAN CANNELLONI RICOTTA & SPINACH

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/real-italian-cannelloni-recipe>

Ingredients:

- 3 lasagna sheets fresh egg
- 1 cup spinach fresh or precooked
- 1 cup ricotta cheese
- 1 egg
- 1/4 cup cheese grated parmigiano
- 1 pinch nutmeg
- pepper grounded
- salt
- 2 tablespoons cheese grated parmigiano
- 1 cup milk
- 2 tablespoons white flour
- 2 tablespoons butter
- salt to taste
- nutmeg to taste
- cooking oil drip of

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 80 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 10 grams
7. SaturatedFat: 9 grams
8. Sodium: 410 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy ITALIAN CANNELLONI RICOTTA & SPINACH above. You can see more 18 real italian cannelloni recipe Get cooking and enjoy! to get more great cooking ideas.