

# Crock Pot Italian Cannellini Bean Soup

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cannellini-bean-soup-recipe>

## Ingredients:

- 1 pound cannellini beans or other white beans
- 1/2 pound bulk italian sausage
- 4 ounces smoked turkey chopped, or smoked ham
- 1 bone
- 6 cups water
- 3 teaspoons chicken base or 3 chicken bouillon cubes
- 1 onion medium, chopped
- 2 carrots diced
- 2 celery ribs, diced
- 5 cloves garlic chopped
- 1 cup tomatoes with juice diced Italian
- 2 tablespoons tomato paste
- 1 teaspoon fennel seed
- 1 teaspoon dried thyme
- 1 teaspoon sweet basil dried
- 1 teaspoon baking soda
- 2 tablespoons Italian parsley chopped fresh

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 82 grams
3. Cholesterol: 65 milligrams
4. Fat: 23 grams
5. Fiber: 31 grams
6. Protein: 43 grams
7. SaturatedFat: 7 grams
8. Sodium: 1240 milligrams

9. Sugar: 10 grams

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