

Calamari Stewed with Tomatoes

Yield: 5 min
Total Time: 95 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-squid-stew-recipe>

Ingredients:

- 2 pounds calamari cleaned, squid, tubes sliced into rings and tentacles roughly chopped
- 4 tablespoons extra virgin olive oil
- 1 onion sliced
- 1 fennel bulb chopped
- 3 garlic cloves chopped
- 2 tablespoons tomato paste
- 1/4 cup sambuca or other anise-flavored liquor
- 1 cup red wine
- 28 ounces crushed tomatoes
- salt
- pepper
- 1/2 cup parsley chopped
- 1/4 cup fennel fronds chopped
- 10084 salad
- 21 calamari
- 4357 stew
- 20 3/4 fish
- 48 stew
- 20 3/4 fish
- 4219 fish Cioppino 20.00 14.00 4.00 0.00 0.00 0.00 2.00 , and Seafood,Seafood Dinner,Soup and Stew Gluten-Free
- 38891 fish New England Cioppino 20.00 14.00 4.00 0.00 0.00 0.00 2.00 , and Seafood,Seafood Dinner,Soup and Stew Gluten-Free
- 9834 mussels
- 18 3/4 fish