

Italian Cabbage Soup

Yield: 5 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cabbage-recipe>

Ingredients:

- 3/4 stick butter
- 1/4 cup extra virgin olive oil
- 3 slices pancetta chopped
- 1 yellow onion sliced
- 2 stalks celery sliced
- 2 carrots peeled and sliced into circles
- 1 potato large white, diced
- 2 cloves garlic chopped
- 4 1/4 inches pork butt slices of cooked smoked
- 3 cups green cabbage or Savoy, shredded
- 1/4 cup flat leaf Italian parsley
- 2 sprigs fresh thyme
- 15 ounces cannellini beans drained and rinsed
- 4 cups chicken broth
- 1/2 teaspoon salt
- 1 teaspoon fresh ground black pepper
- 1 pound ditali pasta optional
- 1/2 cup grated Parmesan fresh, cheese

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 90 milligrams
4. Fat: 32 grams
5. Fiber: 3 grams
6. Protein: 23 grams
7. SaturatedFat: 12 grams
8. Sodium: 820 milligrams
9. Sugar: 3 grams

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