

# Chocolate Italian Buttercream

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-buttercream-recipe>

## Ingredients:

- 1 1/4 cups granulated white sugar
- 5 large egg whites
- 1 pinch cream of tartar
- 2 cups unsalted butter 16 ounces, 452 grams, 4 sticks, softened
- 1 1/2 teaspoons vanilla extract
- 8 ounces semisweet chocolate or bittersweet, melted, slightly cooled

## Nutrition:

1. Calories: 1350 calories
2. Carbohydrate: 100 grams
3. Cholesterol: 245 milligrams
4. Fat: 109 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 68 grams
8. Sodium: 90 milligrams
9. Sugar: 95 grams

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