

Balsamic Baked Bruschetta Chicken

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-stacked-italian-sandwich>

Ingredients:

- 4 boneless skinless chicken breasts
- 1/2 teaspoon salt
- 2 tablespoons balsamic vinegar
- 1 cup extra-virgin olive oil
- 8 slices fresh mozzarella cheese
- 4 Roma tomatoes seeded & diced
- 8 fresh basil leaves stacked, rolled & thinly sliced into chiffonade
- 3 cloves garlic minced

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 125 milligrams
4. Fat: 60 grams
5. Fiber: 1 grams
6. Protein: 43 grams
7. SaturatedFat: 10 grams
8. Sodium: 530 milligrams
9. Sugar: 3 grams

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