

Crispy Italian Breadsticks

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-breadsticks>

Ingredients:

- 1 sheet puff pastry thawed
- 1 tablespoon butter melted
- 1/4 cup grated Parmesan cheese
- 2 teaspoons garlic salt
- 2 teaspoons italian seasoning

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 15 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 9 grams
8. Sodium: 270 milligrams
9. Sugar: 1 grams

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