

Soft Italian Breadsticks

Yield: 24 min
Total Time: 133 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-cheesy-breadsticks-recipe>

Ingredients:

- 1 cup warm water 90° - 100°
- 2 1/4 teaspoons active dry yeast
- 2 tablespoons sugar
- 3 tablespoons butter softened
- 3 cups bread flour
- 1 1/2 teaspoons salt
- 1 teaspoon italian seasoning
- 1 teaspoon garlic powder
- 1 tablespoon butter melted
- 1/4 cup grated Parmesan cheese

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 5 milligrams
4. Fat: 2.5 grams
5. Protein: 3 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 180 milligrams
8. Sugar: 1 grams

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