

Traditional Italian Bread Salad

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-bread-salad-recipe-rachael-ray>

Ingredients:

- 1 garlic clove peeled and smashed
- olive oil to drizzle
- 1 pound Italian bread loaf of day old, sliced
- 8 ounces fresh mozzarella cheese cut into cubes, grated mozzarella will do
- 3 tomatoes large, chopped, or an equivalent amount of cherry tomatoes, halved
- 1 cucumber small, chopped
- 1/2 cup purple onion chopped, and rinsed
- 1/2 cup Kalamata olives pitted and halved
- 1/2 cup fresh basil leaves chopped, don't chop these till just before you're ready to serve, to avoid having the leaves turn brown pre...
- 1/2 cup extra virgin olive oil
- 1/4 cup balsamic vinegar or red wine vinegar
- 3 cloves garlic minced
- 1/2 teaspoon freshly ground black pepper
- 3/4 teaspoon sea salt

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 35 milligrams
4. Fat: 41 grams
5. Fiber: 5 grams
6. Protein: 20 grams
7. SaturatedFat: 11 grams
8. Sodium: 1300 milligrams
9. Sugar: 7 grams

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