

# Italian Bread Salad

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-bread-salad-recipe-ina-garten>

## Ingredients:

- 3 cups day old bread diced into ½" cubes
- ¾ cup extra-virgin olive oil
- ¼ cup white balsamic vinegar
- ¼ cup red pepper diced
- ½ lemon
- 3 garlic cloves
- 1 cup cucumber diced
- 2 cups arugula or your favorite greens
- salt
- pepper

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 22 grams
3. Fat: 41 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 6 grams
7. Sodium: 380 milligrams
8. Sugar: 5 grams

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