

Stand Mixer Italian Bread

Yield: 10 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/homemade-italian-bread-recipe-in-a-stand-mixer>

Ingredients:

- 1 1/4 cups warm water very
- 1 packet active dry yeast
- 1 teaspoon sugar
- 4 cups all purpose unbleached flour
- 1/2 teaspoon kosher salt
- water for brushing/spraying

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 39 grams
3. Fat: 0.5 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. Sodium: 125 milligrams

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