

# Rustic Italian Bread

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/walmart-s-italian-white-deli-bread-recipe>

## Ingredients:

- 2 cups lukewarm water you may not use all of it
- 3 cups all purpose flour or, you can use Farina Tipo 00, Oat flour blend, or Wheat flour
- 2 teaspoons granulated sugar
- 1 teaspoon salt
- 2 1/2 teaspoons active dry yeast or a packet
- 1 tablespoon olive oil
- 1 tablespoon sesame seeds optional for the top

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 75 grams
3. Fat: 6 grams
4. Fiber: 4 grams
5. Protein: 11 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 600 milligrams
8. Sugar: 2 grams

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