

Sunday Rib Roast

Yield: 5 min
Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-beef-rib-roast-recipe>

Ingredients:

- 1 beef rib roast 2-rib tied prime, from small end; about 4 1/2 lb trimmed
- 1 1/2 tablespoons kosher salt
- 1 teaspoon black pepper
- 2 tablespoons all-purpose flour
- 1 1/2 tablespoons dry mustard English, preferably Colman's

Nutrition:

1. Calories: 20 calories
2. Carbohydrate: 3 grams
3. Fat: 0.5 grams
4. Protein: 1 grams
5. Sodium: 2150 milligrams

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