

Slow Cooker Onion Soup Mix Meat Loaf

Yield: 6 min
Total Time: 320 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-beef-recipe-with-lipton-onion-soup-mix>

Ingredients:

- 2 eggs
- 1/2 cup milk
- 1/2 cup ketchup
- 3/4 cup dry breadcrumbs
- 1 ounce lipton onion soup mix
- 2 pounds ground beef I used 12% fat from Costco

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 175 milligrams
4. Fat: 25 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 10 grams
8. Sodium: 830 milligrams
9. Sugar: 7 grams
10. TransFat: 1.5 grams

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