

Crock Pot Italian Meatballs

Yield: 20 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/rosina-italian-style-meatballs-recipe>

Ingredients:

- 2 large eggs
- 1/2 cup breadcrumbs fresh or dried
- 1/2 cup finely chopped onion
- 1/2 cup grated Parmesan cheese plus more for serving
- 1/4 cup fresh parsley minced
- 3 cloves garlic minced
- 1 teaspoon salt
- 1/2 teaspoon freshly ground pepper
- 32 ounces ground beef lean, 90% or leaner
- spaghetti sauce Homemade or Jarred

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 55 milligrams
4. Fat: 8 grams
5. Protein: 11 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 210 milligrams

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