

Slow Cooker Shredded Italian Beef

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-beef-with-banana-peppers>

Ingredients:

- 1/2 cup white vinegar
- 1 tablespoon dried minced onion
- 1/2 tablespoon garlic powder
- 1 1/2 teaspoons crushed red pepper flakes
- 7 pepperoncini peppers chopped, I use the mild jarred ones
- 10 banana pepper rings, I use mild
- 3 pounds beef chuck roast
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 4 tablespoons butter

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 130 milligrams
4. Fat: 36 grams
5. Fiber: 3 grams
6. Protein: 34 grams
7. SaturatedFat: 16 grams
8. Sodium: 460 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Slow Cooker Shredded Italian Beef above. You can see more 20 recipe for italian beef with banana peppers Elevate your taste buds! to get more great cooking ideas.