

Bangers and Mash

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-bangers-and-mash-recipe>

Ingredients:

- 3 cups yukon gold potatoes about 1.25lbs
- 1/4 cup milk
- 2 tablespoons half-and-half
- 2 tablespoons butter
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 2 tablespoons butter
- 2 tablespoons all purpose flour
- 3/4 cup beef stock
- 1/2 cup guinness
- 1 tablespoon worcestershire sauce
- 1/2 teaspoon yellow mustard
- 1/2 teaspoon salt
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 6 bangers British style, or sausages of your choice
- olive oil for sautéing