

# How to Make Italian Strawberry Gelato at Home

Yield: 6 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-banana-strawberry-gelato-recipe>

## Ingredients:

- 2 1/4 cups strawberries ripe
- 3/4 cup granulated sugar
- 1 cup heavy cream
- 1 cup whole milk

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 75 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 13 grams
8. Sodium: 40 milligrams
9. Sugar: 30 grams

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