

Caramelized Banana Ice Cream

Yield: 3 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/banana-ice-cream-recipe-indian>

Ingredients:

- 3 bananas medium-sized overripe, peeled
- 1/3 cup light brown sugar packed
- 1 tablespoon butter cut into small pieces
- 1 1/2 cups whole milk
- 2 tablespoons granulated sugar
- 1/2 teaspoon vanilla extract
- 1 1/2 teaspoons lemon juice freshly squeezed
- 1/8 teaspoon salt

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 20 milligrams
4. Fat: 7 grams
5. Fiber: 4 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 190 milligrams
9. Sugar: 53 grams

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