

# Grilled Balsamic-Garlic Steak

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-balsamic-steak-recipe>

## Ingredients:

- 2 tablespoons balsamic vinegar
- 2 tablespoons worcestershire sauce
- 5 garlic gloves of, peeled and finely chopped
- 2 teaspoons kosher salt
- 1/2 teaspoon black pepper
- 1/2 cup olive oil
- 2 sprigs fresh rosemary
- 1 piece steak your preference about 2 lbs, I used beef round top round steak

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 4 grams
3. Fat: 27 grams
4. SaturatedFat: 4 grams
5. Sodium: 1280 milligrams
6. Sugar: 2 grams

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