

Balsamic Mushroom

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-balsamic-onions-recipe>

Ingredients:

- 8 ounces spaghetti fettuccine or similar noodles
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons unsalted butter
- 1 small yellow onion finely chopped
- 16 ounces cremini mushrooms sliced
- 4 cloves garlic minced
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1/4 cup balsamic vinegar good quality
- 1/2 cup Parmesan cheese freshly grated, plus, additional for serving
- 1/4 cup fresh parsley chopped

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 25 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 16 grams
7. SaturatedFat: 7 grams
8. Sodium: 520 milligrams
9. Sugar: 7 grams

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