## RecipesCh@\_se

## **Italian Baked Pork Chops**

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/italian-breaded-baked-pork-chops-recipe

## **Ingredients:**

- 4 pork chops see notes
- 3 tablespoons butter
- 1 teaspoon Italian seasoning
- 1/4 teaspoon garlic powder
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper

## Nutrition:

- 1. Calories: 270 calories
- 2. Cholesterol: 100 milligrams
- 3. Fat: 15 grams
- 4. Protein: 33 grams
- 5. SaturatedFat: 7 grams
- 6. Sodium: 570 milligrams

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