

ITALIAN BAKE

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-bake-recipe>

Ingredients:

- 3 pounds chicken breasts cooked & cut into bite size pieces
- 6 sausage links Italian
- 2 jars spaghetti sauce I use Hunt's in the can - cheaper & just as good!
- 1 pound pasta penne, macaroni, shells or what ever you like
- 1 package pizza cheese
- 1 onion
- 2 bell peppers large, red & green, cut into chunks

Nutrition:

1. Calories: 1490 calories
2. Carbohydrate: 143 grams
3. Cholesterol: 305 milligrams
4. Fat: 52 grams
5. Fiber: 16 grams
6. Protein: 113 grams
7. SaturatedFat: 22 grams
8. Sodium: 2560 milligrams
9. Sugar: 39 grams

Thank you for visiting our website. Hope you enjoy ITALIAN BAKE above. You can see more 19 italian bake recipe They're simply irresistible! to get more great cooking ideas.