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Apple and Olive oil Cake

Yield: 4 min Total Time: 65 min

Recipe from: https://www.recipeschoose.com/recipes/italian-apple-olive-oil-cake-recipe

Ingredients:

- 1 tablespoon unsalted butter
- 3 apples peeled, cored and diced finely
- 2 tablespoons apples
- 1/2 cup cane sugar
- 1 vanilla bean split open and seeds scraped out
- 1 teaspoon lemon thyme finely chopped, optional
- 4 eggs
- 1 pinch sea salt
- 1/3 cup olive oil
- 7/8 cup millet flour & brown rice flours*
- 2/3 cup almond meal 1/2 cup + 2 tablespoons
- 5 3/8 tablespoons Quinoa Flour
- 2 teaspoons baking powder
- 1 1/2 cups gluten free all purpose flour replacing all the other flours and almond meal combined

Nutrition:

Calories: 610 calories
Carbohydrate: 67 grams
Cholesterol: 220 milligrams

4. Fat: 35 grams5. Fiber: 7 grams6. Protein: 13 grams7. SaturatedFat: 7 grams8. Sodium: 410 milligrams9. Sugar: 41 grams

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