

The BEST Italian Meatballs

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/octopus-appetizer-recipe-italian>

Ingredients:

- 1 pound ground chuck 85/15
- 1/2 pound ground pork if you can only get a pound, save half in the freezer
- 2 eggs whisked
- 4 slices Italian bread 5 ounces
- 1 cup bread crumbs I used Italian seasoned
- 4 tablespoons grated Parmesan
- 1/2 teaspoon garlic salt
- 1 teaspoon salt
- 1 pinch black pepper
- 2 tablespoons fresh parsley chopped

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 230 milligrams
4. Fat: 35 grams
5. Fiber: 1 grams
6. Protein: 41 grams
7. SaturatedFat: 14 grams
8. Sodium: 1130 milligrams
9. Sugar: 2 grams
10. TransFat: 1 grams

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