

Italian-American Lasagna

Yield: 6 min

Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-american-lasagna-recipe>

Ingredients:

- 5 cups meat sauce meat sauce recipe
- 1 pound lasagna noodles
- 1 pound mozzarella cheese sliced
- 1 cup Pecorino Romano finely grated
- 1 tablespoon olive oil
- 1 pound ricotta drained overnight
- 1/4 cup parsley minced
- 1/4 cup basil minced
- 2 large eggs beaten
- 1 teaspoon kosher salt
- 1/4 teaspoon black pepper

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 210 milligrams
4. Fat: 47 grams
5. Fiber: 7 grams
6. Protein: 44 grams
7. SaturatedFat: 25 grams
8. Sodium: 2290 milligrams
9. Sugar: 21 grams

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