

# Skinny Ambrosia Salad

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-ambrosia-recipe>

## Ingredients:

- 1 cup mandarin oranges
- 1 cup fresh pineapple diced
- 1 cup blueberries
- 1 cup blackberries
- 1 1/2 cups strawberries sliced
- 2 bananas medium, sliced
- 1/2 cup chopped walnuts
- 4 tablespoons coconut flakes sweetened shredded
- 1 cup mini marshmallows
- 8 ounces cool whip light

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 89 grams
3. Fat: 21 grams
4. Fiber: 10 grams
5. Protein: 8 grams
6. SaturatedFat: 10 grams
7. Sodium: 75 milligrams
8. Sugar: 63 grams

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