

# Italian Ground Beef Casserole with Biscuit Topping

Yield: 9 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-biscotti-biscuits>

## Ingredients:

- 1 pound ground beef
- 1/2 cup chopped onion
- salt
- pepper
- 3/4 cup water
- 8 ounces tomato sauce
- 6 ounces tomato paste
- 2 cups shredded mozzarella cheese
- 1 1/2 cups frozen peas carrots and corn, or any mixed vegetables, thawed
- 16 ounces biscuits refrigerated flaky layer
- 1 tablespoon butter melted
- 1/2 teaspoon dried oregano crushed

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 60 milligrams
4. Fat: 24 grams
5. Fiber: 4 grams
6. Protein: 21 grams
7. SaturatedFat: 8 grams
8. Sodium: 1090 milligrams
9. Sugar: 8 grams
10. TransFat: 0.5 grams

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