

# Easy Alfredo Sauce

Yield: 3 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-noodle-sauce-recipe>

## Ingredients:

- 1/2 cup unsalted butter
- 8 ounces cream cheese cubed
- 1/2 teaspoon Italian seasoning
- 3 teaspoons minced garlic freshly
- 2 cups whole milk
- 2 cups grated Parmesan cheese
- 1/4 teaspoon freshly ground black pepper

## Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 240 milligrams
4. Fat: 81 grams
5. Protein: 35 grams
6. SaturatedFat: 48 grams
7. Sodium: 1340 milligrams
8. Sugar: 11 grams

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