

Laffa Bread ~ Israeli Flatbread

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/israeli-laffa-bread-recipe>

Ingredients:

- 1 1/2 cups all purpose flour
- 1 teaspoon instant yeast
- 1 cup water warm
- 1 teaspoon sugar
- 1/4 teaspoon salt
- 1 tablespoon cooking oil
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- 1 teaspoon instant yeast
- 1 cup water warm
- 1 teaspoon sugar
- 1/4 teaspoon salt
- 1 tablespoon cooking oil

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 74 grams
3. Fat: 8 grams
4. Fiber: 3 grams
5. Protein: 10 grams
6. Sodium: 300 milligrams
7. Sugar: 2 grams

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