

Green shakshuka and the ultimate Israeli breakfast

Yield: 2 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/israeli-green-shakshuka-recipe>

Ingredients:

- 1 onion or bunch of leeks, sliced into half-moons
- 3 garlic cloves chopped
- 6 cups mixed greens and fresh herbs, chopped into thin strips - kale, Swiss chard, Collard greens, spinach, beet greens, cilantro, dil...
- 1/2 jalapeno
- 2 teaspoons chilli flakes
- 6 3/4 tablespoons yogurt or sour cream
- 1 pinch nutmeg
- 1 teaspoon salt
- pepper
- 6 eggs
- 2/3 cup feta cheese

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 545 milligrams
4. Fat: 22 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 10 grams
8. Sodium: 1600 milligrams
9. Sugar: 7 grams

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cooking ideas.