

Israeli Couscous with Shrimp and Asparagus

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/israeli-couscous-and-shrimp-recipe>

Ingredients:

- 1 1/2 pounds shrimp fresh, peeled and de-veined
- 1 bunch fresh asparagus
- 3 cloves garlic
- 1 cup Israeli couscous
- 1 cup water
- 3 tablespoons butter
- 2 tablespoons Parmesan cheese
- salt
- pepper
- 1/3 cup olive oil divided
- lemon wedges fresh

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 285 milligrams
4. Fat: 31 grams
5. Fiber: 6 grams
6. Protein: 43 grams
7. SaturatedFat: 8 grams
8. Sodium: 570 milligrams
9. Sugar: 2 grams

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