

Jimmy Dean Sausage Stuffing

Yield: 12 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/is-jimmy-dean-pork-okay-in-chinese-recipe>

Ingredients:

- 32 ounces Jimmy Dean Pork Sausage Regular Flavor
- 8 ounces fresh mushrooms sliced
- 1 1/2 cups diced onions
- 3/4 cup carrots diced or coarsely grated
- 1 1/2 cups diced celery
- 3 cloves garlic minced
- 10 ounces frozen spinach thawed and drained
- 2 teaspoons dried rosemary
- 2 teaspoons poultry seasoning
- 1 teaspoon black pepper
- 15 ounces herbed dry bread cubes
- 2 cups chicken broth
- 1 egg lightly beaten

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 20 milligrams
4. Fat: 1.5 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. Sodium: 55 milligrams
8. Sugar: 2 grams

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