

Nigerian Puff Puff

Yield: 22 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/is-danish-puff-a-scandinavian-recipe>

Ingredients:

- 3 cups flour 375 grams
- 2 1/4 teaspoons yeast quick rise
- 2/3 cup sugar 133 grams
- 1/2 teaspoon nutmeg
- 1 2/3 cups lukewarm water
- frying oil

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 19 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sugar: 6 grams

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