

Irish Tea Brack (Tea-Soaked Raisin Bread)

Yield: 10 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/irish-halloween-tea-bread-recipe>

Ingredients:

- 1 1/2 cups raisins
- 1 cup brewed tea strongly, such as Irish Breakfast, cooled
- 2 cups self rising flour
- 1 cup light brown sugar
- 1/2 teaspoon canela
- 1/4 teaspoon nutmeg
- 1 eggs lightly beaten
- old-fashioned oats thick cut if possible

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 20 milligrams
4. Fat: 1 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. Sodium: 330 milligrams
8. Sugar: 31 grams

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