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Corned Beef and Cabbage for St. Patrick's Day

Yield: 4 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/irish-boiled-dinner-corned-beef-recipes

Ingredients:

- 4 pounds corned beef untrimmed
- 8 cups water
- spice mixture see below
- 8 small red potatoes unpeeled and cut into quarters
- 5 carrots unpeeled, halved and cut into thirds
- 1 head cabbage cut into 8 wedges
- 1 onion medium, cut into eighths
- 1/2 cup brown sugar
- 5 tablespoons yellow mustard
- 2 bay leaves
- 2 teaspoons whole black peppercorns
- 1/4 teaspoon ground allspice
- 5 whole cloves
- 2 teaspoons kosher salt
- 1 cinnamon stick
- 1/2 teaspoon ground ginger
- 1 teaspoon mustard seeds whole