

Shipwreck Casserole Dinner

Yield: 8 min

Total Time: 125 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-rice-recipe-indian>

Ingredients:

- 2 pounds ground beef pan fried and drained
- 1 tablespoon olive oil
- 4 cups frozen hash browns
- 1/2 cup white onion finely chopped
- 1/2 cup celery sliced 1/4 inch thick
- 2 cups carrots peeled and sliced 1/4 inch thick
- 1/2 cup red bell pepper diced
- 1/2 cup green bell pepper diced
- 3/4 cup instant rice
- 1 can tomato soup 10 ounces
- 20 ounces water
- 1 teaspoon dried oregano
- 1/2 teaspoon dried basil
- 1/4 teaspoon garlic powder
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 can diced tomatoes with juice 28 ounces
- 2 cups shredded cheddar cheese

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 105 milligrams
4. Fat: 38 grams
5. Fiber: 5 grams
6. Protein: 33 grams
7. SaturatedFat: 15 grams
8. Sodium: 950 milligrams
9. Sugar: 6 grams

10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Shipwreck Casserole Dinner above. You can see more 15 instant rice recipe indian Cook up something special! to get more great cooking ideas.