

Instant Pot Italian Sausage Penne

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-pot-recipe-sweet-italian-sausage-frozen-penne>

Ingredients:

- 1 pound mild Italian sausage
- 1 1/2 cups chopped onions frozen, and pepper
- 2 teaspoons garlic
- 1 jar pasta sauce 28-32 oz jar
- 1 jar water
- chopped basil to taste
- 1 tablespoon Italian seasoning tbsp
- 16 ounces penne pasta 16 oz box
- 4 handfuls baby spinach
- 1 cup mozzarella shredded

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 80 grams
3. Cholesterol: 75 milligrams
4. Fat: 33 grams
5. Fiber: 7 grams
6. Protein: 28 grams
7. SaturatedFat: 12 grams
8. Sodium: 1180 milligrams
9. Sugar: 15 grams

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